



Brookdale

DAY SPA



Breakfast Options



BROOKDALE BREAKFAST

Scrambled egg, sautéed mushrooms, roasted tomato & grated mozzarella sprinkled with fresh herbs.

Choose either toasted homemade yoghurt bread or a whole-wheat wrap.

HOME-MADE MUESLI PARFAIT

Layers of yoghurt and homemade muesli with fresh fruit & a drizzle of honey.



Lunch Options



SALAD | OPEN SANDWICH | WRAP

Choose one of the below fillings served on either a fresh crunchy salad, in a whole-wheat wrap or as an open sandwich with our homemade bread.

- Ribbons of smoked salmon with cream cheese, lemon wedges & capers
- Roast veggies, cottage cheese, caramelised onion marmalade & pesto
- Sliced smoked chicken with horseradish yoghurt

SOUP OF THE DAY

Served with a slice of homemade bread.

VEGETARIAN QUICHE

Served with a fresh crunchy side salad.

LENTIL BOBOTIE

Roasted butternut and lentil bobotie with savoury egg custard

Served with a crunchy side salad and fruit chutney on the side.

PLEASE NOTE that we do not have an open restaurant. Our delicious breakfasts and lunches are made to order and advance bookings are required.

