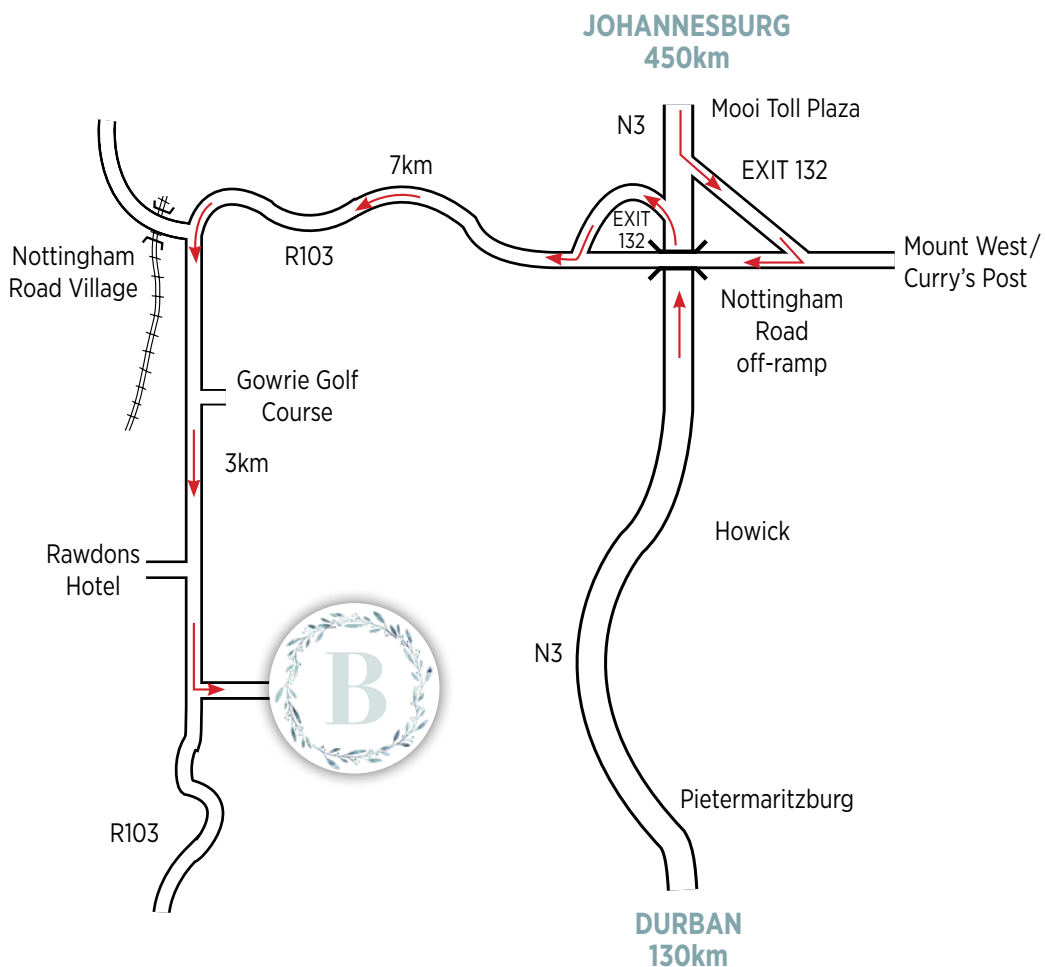




## DIRECTIONS TO *Brookdale Health Hydro*



GPS CO-ORDINATES

29° 22' 462" S and 30° 00' 691" E

Brookdale is a ten minute drive from the highway on a tarred road. Take the Nottingham Road exit (Exit 132) off the N3 and turn right, following the R103 towards Nottingham Road. Brookdale is an hour and a half drive from Durban and a comfortable four and a half hour drive from Johannesburg with easy access off the N3.

The Natal Midlands is known to have four seasons in one day. View the [EXTENDED WEATHER FORECAST](#) before visiting us.